



CORE SKILLS
CHARACTER
EVERY CHILD FLOURISHING
KNOWLEDGE

THE YEAR 6
EXPERIENCE



PERSONAL, SOCIAL & EMOTIONAL AWARENESS IN KEY STAGE 2

Pupils will reach their personal best outcomes when they feel **happy** and **safe**. These are always our first priorities.

As children head towards the end of their Primary school days their awareness of more mature themes becomes part of their daily lives.

We have listed some of these themes below...

- Choosing a secondary school, and waiting to hear if they have a place.
- Sitting KS2 SATs and for some children, the Eleven Plus exam.
- An increased awareness of parent decisions e.g. moving home.
- Current news topics become 'more real'.
- Becoming more aware of loss and grief.
- Coping with friendship issues, including bullying and cyberbullying (online or by text).
- Competing with other children on material grounds.
- Physical and hormonal changes with the onset of puberty.



Our school team, alongside the parents and out of school agencies will always be ready to support pupils through the challenges typically faced by pupils in Key Stage 2. There will **always** be someone within our own school team or from within our network of colleagues who have experience of working with children who have been through similar challenges.

Some warning signs to watch out for...

Signs that your child may be struggling with the pressures of growing up in general include:

- Tearful or angry outbursts.
- Sleep issues.
- Worrying about wider social issues out of their control.
- Body image issues, such as expressing worries about being underweight or overweight
- Dieting or skipping meals.
- Frequent stomach aches or headaches.
- Withdrawing from friends and family.

What to do if you are worried...

Please seek advice from the School Leadership Team (including Mrs Marsden). As the pupils are becoming more mature it is likely that they will be involved in the conversation in some capacity e.g. a chance to air their concerns with a chosen member of staff. Some families prefer to have these conversations with a school professional at home and this is something we are able to offer.