THE AM SPORTS ACADEMY MISSION

Our mission is to inspire children to participate in sport – to learn new skills, to develop them to the best of their ability and to achieve their greatest potential.

We're passionate about creating the ideal environment for children to enjoy the start of their sporting journey – wherever it may take them.



MEET THE AM SPORTS ACADEMY TEAM

Thursday 30th January 2020 8:30am – 9:15am

8.30am - 8.55am = Physical Education (PE) and Q&A

8.55am – 9.05am = Extended School Sports Clubs and Q&A

9.05am – 9.15am = Multi Sports Holiday Camps and Q&A



PHYSICAL EDUCATION (PE) AND SPORTS FIXTURES (8.30am – 8.55am)

INSPIRE, DEVELOP & ACHIEVE

We maximise participation, encourage ownership of learning and instil the confidence in children to experiment with new skills and ideas.

We take great satisfaction in giving the children the ambition and inspiration to want to work hard and develop their ability. We teach them to work as part of a team and show good sportsmanship in times of success and failure.





SPORT COACHES







Mr. Charlie Marus (Head of Sport)

Mr. Joe Farrell (Academy Coach)



SPORTS CURRICULUM MAP

September 2019 – July 2020

















	Autumn 1 September - October	Autumn 2 November - December	Spring 1 January - February	Spring 2 March	Summer 1 April - May	Summer 2 June - July	
RECEPTION	MOVEMENT PLANNING, WORKING WITH OTHERS & FOOTBALL	FORCE CONTROL, MANIPULATIVE SKILLS & HOCKEY	BALANCE, CO-ORDINATION & GYMNASTICS	MOVEMENT CONTROL, SPATIAL AWARENESS & TAG RUGBY	BODY AWARENESS, DIRECTIONAL CONTROI & ATHLETICS	FINE MOTOR SKILLLS, REACTION TIME, & TENNIS	
YEAR 1	FOOTBALL	HOCKEY	GYMNASTICS	TAG RUGBY	ATHLETICS	TENNIS	
YEAR 2	FOOTBALL	HOCKEY	GYMNASTICS	TAG RUGBY	ATHLETICS	TENNIS	
YEAR 3	FOOTBALL	HOCKEY	GYMNASTICS	TAG RUGBY	ATHLETICS	TENNIS	
YEAR 4	FOOTBALL	HOCKEY	GYMNASTICS	TAG RUGBY	ATHLETICS	TENNIS	

RECEPTION PE IN MORE DETAIL

Pupils in Reception will focus on the Fundamental Movement Skills during early childhood. Areas such as Agility, Balance, Co-ordination, Speed, Strength, Body Awareness and Hand-Eye or Foot-Eye will be developed.

Children will learn how to move confidently in and around the environment, appreciating the size and shape of the body whilst enabling choice and control. They will also learn how to organise and coordinate the arms and legs and respond to speed, direction and force of movement. As the year progresses, they will begin to prepare for Year 1 Physical Education.

This will be achieved through coach led activities, child led activities and learning by repetitive play.

Playing and Exploring; Children investigate and experience things, and 'have a go'
Active Learning; Children concentrate and keep on trying if they encounter difficulties, and enjoy achievements
Creating and Thinking Critically; Children have and develop their own ideas, make links between ideas
and develop strategies for doing things













YEAR 1&2 GYMNASTICS PLANNING PERIODISATION SPRING 2020 (A)



	WARM UP	LEARNING OBJECTIVE	PERFORMANCE
Lesson 1	Super Shaper and Stretching.	The Super Shaper To learn and practice three to five Gymnastics shapes and create a jumping routine.	Select different individuals to perform throughout.
Lesson 2	The Gymnastics Café and Stretching	Forward Rolls Into Shapes To learn, practice and perform a Forward Roll. Once landed, transition into different shapes.	Select different individuals to perform throughout.
Lesson 3	Buzz Bridge and Stretching	A variety of Different Rolls LO: To practice rocking without losing balance and develop a variety of different rolls such as log roll, egg roll, forward roll and for complex Gymnasts Dish to Arch.	Select different individuals to perform throughout.
Lesson 4	Tandem Cycling and Stretching	Balancing into Jumping Shapes To be able to balance and travel in different ways on benches, beams and flat spots. Demonstrate a range of jumping shapes to dismount, land and stick the landing position and balance for 3 – 5 seconds.	Select different individuals to perform throughout.
Lesson 5	Muscle Buddies and Stretching	Vault into Jumping Shapes To successfully use a springboard to mount a Vault, travel confidently and use a selection of different shape jumps to dismount, land and stick the landing position and balance for 3 – 5 seconds.	Select different individuals to perform throughout.
Lesson 6	For pupils to demon	SPORTS HOUSE CUP © strate knowledge, skill and understanding in the elements practiced over 1) Vault 2) Balance beams 3) rolling, balancing and jumping routines.	the course of this unit.

YEAR 3&4 GYMNASTICS PLANNING (A) PERIODISATION SPRING 2020

WARM UP		LEARNING OBJECTIVE	PERFORMANCE						
Lesson 1	Row The Boat and Stretching	Floor Exercises To learn and practice 3 different floor exercises and transform them into a routine.	Select different individuals to perform throughout.						
Lesson 2	Whole class Dynamic Stretching	Floor Exercise Routines To recap and practice the collection of floor exercises from week 1. Introduce a jumping and balance exercise. Gymnasts are then challenged to collaborate all the exercises into their own 3, 5 or 7 step Floor Exercise Routine.	Select different individuals to perform throughout.						
Lesson 3	Buzz Bridge and Stretching	Body Management To learn and practice the Dish and Arch Body Management exercise and progress into a routine including a log roll. Children learn to control their bodies and what their core-stability is, where it can be found, how it can be activated and the feeling of the core being worked.	Select different individuals to perform throughout.						
Lesson 4	Partner Balance and Stretching	Body Management To recap and practice the collection of Body Management exercises from week 1. Introduce. Gymnasts are then challenged to collaborate all the exercises into their own 3, 5 or 7 step Floor Exercise Routine.	Select different individuals to perform throughout.						
Lesson 5	Tandem Cycling and Stretching	Vault To successfully mount the Vault using approach and take off skills, and be able to dismount the Vault, using a selection of different shape jumps into the landing position.	Select different individuals to perform throughout.						
Lesson 6	SPORTS HOUSE CUP © 1) Vault 2) Floor Routines 3) Body Management Routines 4) Balance Beams								

Individual Assessment

		EVASI	VE SPORT	s	MOVE	MENT & C	FIELDING , STRIKING &			
		Tag Rugby	Football	Hockey	Netball	Gym	Swimming	25m Unaided?	Tennis	Athletics
Name:										
			S	G						
			G	G						
			В	S						
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	G		S	S						
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Count:	E									

KS2 SPORTS COMMENDATIONS













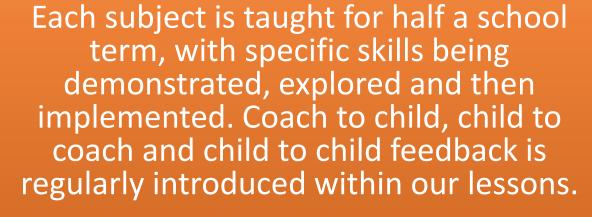


KS1 SPORTS STAR



INTRA-SCHOOL COMPETITIONS







Intra School Tournaments are then included at the final stages of each subject, so pupils have the opportunity to compete in structured competition and challenge their knowledge, understanding and skills against their peers.

INTER-SCHOOL COMPETITIONS



We provide Inter School Competitions, where pupils are selected to represent the school in competitions and friendly fixtures against pupils of similar ages from different schools in a range of different sports.

We have a very inclusive selection policy as we believe it is imperative as many pupils as possible experience the satisfaction of competitive sports.

We have have created a fixture tracker to ensure inclusivity for all is being achieved.

Fixture Tracker + Participation

	EVASIVE SPORTS					MOVEMENT & CONTROL			FIELDING, RUNNING & STRIKING					OTHER		
Name:	Football Hockey Tag Rugby Netball Basketball			Gumpactics	Dance						Multi Sports	Archani	PARTICIPATION			
Name:	Fixtures attended	1	поскеу	Tag Rugby	Netball	basketball	Gymnastics	Dance	Athletics	Tennis	Challenge Kun	Cricket	Kounders	iviuiti Sports	Archery	1
		-												1		1
	1													1		1
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		1														1
														1		1
	5	1												1		1
		1														1
														1		1
	6															
Count: 26															TOTAL:	25

Year 2 Fixture participation:

Curie: 23 of 24 = 95.83%

Edison: 25 of 26 = 96.15%

As a year group: 96% participation as of Spring Term 1





CURRENT SPRING 2020 CLUBS









Gymnastics Clubs (Rec - Y4)







SUMMER 2020 SPORTS CLUBS

Cricket Clubs (Rec – Y4) Football Clubs (Rec – Y4)





Gymnastics Clubs (Rec – Y4) Athletics Clubs (Rec – Y4)





Chess—Club
(Rec – Y4)

Running Club (Rec – Y4) Archery Club (Rec- Y4)







BOOKING ONTO SPORTS CLUBS

We offer an extremely efficient and highly professional booking process through our website, which can cater for all club bookings



The AM Sports Academy
Administration Manager
communicates with club
members regularly
through email with
regards to important club
information, re-bookings,
new joiners and all general
AM Sports Academy
enquiries.



Then visit us at www.amsportsacademy.co.uk



IMULTI SPORTS HOLIDAY CAMPS (9.05am – 9.15am)

CAMPS

AM Sports Academy deliver Multi Sports Holiday Camps for children aged 4-12 at both Wimbledon Park Primary and Floreat Wandsworth Primary, which take place during school holidays and closures.





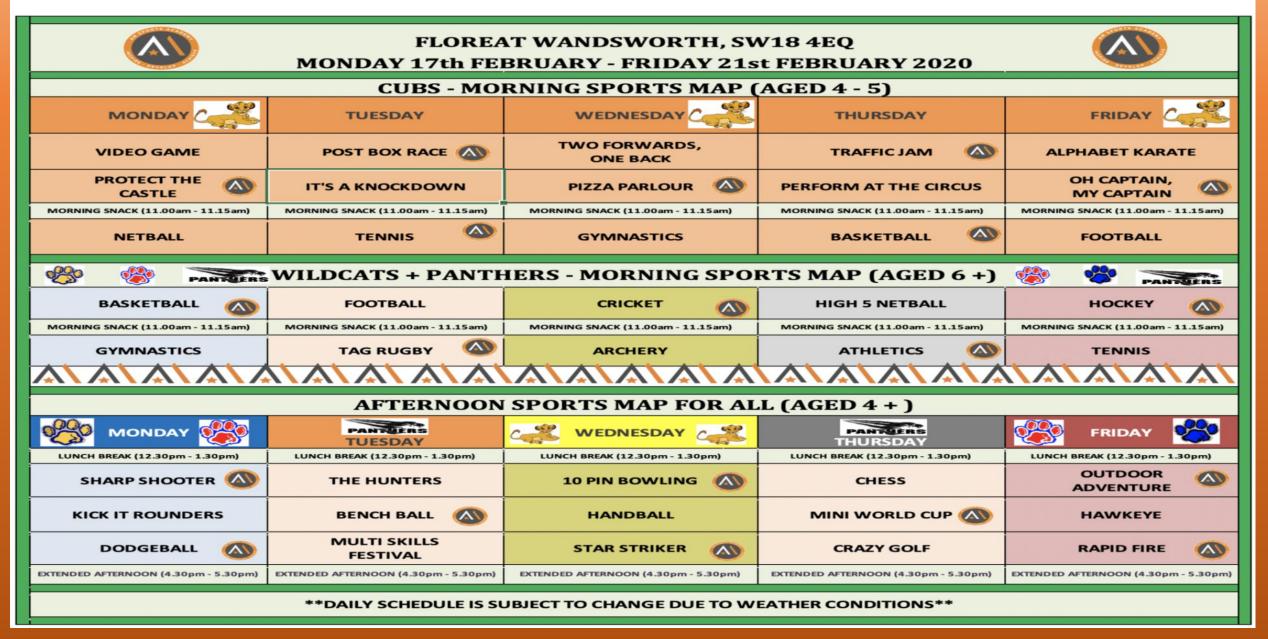
There are a variety of medals, trophies and certificates up for grabs as children learn new skills and techniques whilst making new friends. They get the opportunity to compete in fun and exciting team games and competitions in a safe and enjoyable environment.

ACTIVITIESON OFFER

We offer an extensive range of indoor and outdoor sports and activities such as; Tag Rugby, Netball, Football, Cricket, Basketball, Tennis, Hockey, Rounders, Gymnastics, Athletics, Crazy Golf, American Shootout, Australian Rules Football, Archery, Chess, Treasure Hunts, Outdoor Adventures, 10 pin Wizards, Rapid Fire and Dodgeball.



FLOREAT WANDSWORTH CAMPS MANAGER PHONE NUMBER: 07598 927 362



BOOKING ONTO SPORTS CLUBS

We offer an extremely efficient and highly professional booking process through our website, which can cater for all club bookings

Judgement and Prud



AM SPORTS ACADEM

On our website, the tab at the top Camp AMSA displays all the information on camps from camp dates, camp pricing, upcoming sports maps, discount offers and childcare vouchers/Tax Free Childcare payment method information.



