

To help support you at home, please see the table below for a summary of the vocabulary that is to be taught in each year group as part of our 'Changing Me' week:

This tables relates directly to the Relationships and Health Curriculum, which is compulsory for all pupils, as well as some elements of the Science programme of study.

Year Group	Vocabulary and Definitions to be taught
Rec	<p>Bottom - a person's buttocks Only if asked about male and female private parts will the teacher correct with the correct scientific vocabulary vulva, penis or testicles.</p>
Y1	<p>Penis- the organ on the male body that is used for urinating and reproduction. Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis. Vagina- the passage in the female body between the outer reproductive organs and the womb. Vulva- the outer opening of the female reproductive organs Anus- The opening in a person's or animal's bottom through which solid waste leaves the body.</p>
Y2	<p>Penis- the organ on the male body that is used for urinating and reproduction. Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis. Vagina- the passage in the female body between the outer reproductive organs and the womb. Vulva- the outer opening of the female reproductive organs Anus- The opening in a person's or animal's bottom through which solid waste leaves the body.</p>
Y3	<p>Penis- the organ on the male body that is used for urinating and reproduction. Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis. Vagina- the passage in the female body between the outer reproductive organs and the womb. Vulva- the outer opening of the female reproductive organs Anus- The opening in a person's or animal's bottom through which solid waste leaves the body. Uterus/womb- the organ in a female mammal in which babies or young animals develop before they are born. Breasts - the two round soft parts at the front of a female's body that produce milk when they have a baby.</p>
Y4	<p>Penis- the organ on the male body that is used for urinating and reproduction.</p>

	<p>Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis.</p> <p>Vagina- the passage in the female body between the outer reproductive organs and the womb.</p> <p>Vulva- the outer opening of the female reproductive organs</p> <p>Anus- The opening in a person's or animal's bottom through which solid waste leaves the body.</p> <p>Breasts - the two round soft parts at the front of a female's body that produce milk when they have a baby.</p> <p>Uterus/womb- the organ in a female mammal in which babies or young animals develop before they are born.</p> <p>Ovary/ ovaries- either of the two organs in a female's body that produce eggs; a similar organ in female animals, birds and fish.</p> <p>Eggs- a cell that combines with a sperm to create a baby or young animal</p> <p>Sperm - a cell that is produced by the reproductive organs of a male and that can combine with a female egg to produce young</p> <p>Puberty - the period of a person's life during which their reproductive organs develop and they become capable of having children</p> <p>Pubic hair- the hair that grows on a person's body near their reproductive organs</p> <p>Menstruation - when a female menstruates, there is a flow of blood from their womb, usually once a month.</p> <p>Period- the flow of blood each month from the body of a female who is not pregnant.</p>
Y5	<p>Penis- the organ on the male body that is used for urinating and reproduction.</p> <p>Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis.</p> <p>Vagina- the passage in the female body between the outer reproductive organs and the womb.</p> <p>Vulva- the outer opening of the female reproductive organs</p> <p>Anus- The opening in a person's or animal's bottom through which solid waste leaves the body.</p> <p>Breasts - the two round soft parts at the front of a female's body that produce milk when they have a baby.</p> <p>Uterus/womb- the organ in a female mammal in which babies or young animals develop before they are born.</p> <p>Ovary/ ovaries- either of the two organs in a female's body that produce eggs; a similar organ in female animals, birds and fish.</p> <p>Eggs- a cell that combines with a sperm to create a baby or young animal</p> <p>Sperm - a cell that is produced by the reproductive organs of a male and that can combine with a female egg to produce young</p> <p>Puberty - the period of a person's life during which their reproductive organs develop and they become capable of having children</p> <p>Pubic hair- the hair that grows on a person's body near their reproductive organs</p> <p>Menstruation - when a female menstruates, there is a flow of blood from their womb, usually once a month</p>

	<p>Period- the flow of blood each month from the body of a female who is not pregnant</p> <p>Sanitary towel- a thick piece of soft material that a female wears between their legs to hold blood during their period</p> <p>Tampon- a piece of cotton material with a special shape that a female puts inside their vagina to hold blood during her period</p> <p>Oestrogen- a hormone produced in a female's ovaries that causes them to develop the physical and reproductive features that are typical of females and that causes them to prepare their body to have babies</p> <p>Semen- the white liquid containing sperm that is produced by the reproductive organs of men and male animals.</p> <p>Erection - when a male has an erection, their penis is hard and stands up.</p> <p>Ejaculation- the act of ejaculating; the moment when sperm comes out of a male's penis</p> <p>Wet dream- a normal change that happens during puberty, in which sperm leaves a male's body while asleep.</p> <p>Larynx - the area at the top of the throat that contains the vocal cords</p> <p>Epididymis- The epididymis is a long, coiled tube that stores sperm and transports it from the testes.</p> <p>Scrotum - the bag of skin that contains the testicles in males and most male animals</p> <p>Facial hair- the hair that grows on a person's face.</p> <p>Growth spurt- the period of intense growing in people, animals or plants</p> <p>Hormones- chemical substances produced in the body or in a plant that encourages growth or influences how the cells and tissues function.</p>
Y6	<p>Penis- the organ on the male body that is used for urinating and reproduction.</p> <p>Testicles/Testes- the two organs that produce sperm, located in a bag of skin below the penis.</p> <p>Vagina- the passage in the female body between the outer reproductive organs and the womb.</p> <p>Vulva- the outer opening of the female reproductive organs</p> <p>Anus- The opening in a person's or animal's bottom through which solid waste leaves the body.</p> <p>Breasts - the two round soft parts at the front of a female's body that produce milk when they have a baby.</p> <p>Uterus/womb- the organ in a female mammal in which babies or young animals develop before they are born.</p> <p>Ovary/ ovaries- either of the two organs in a female's body that produce eggs; a similar organ in female animals, birds and fish.</p> <p>Eggs- a cell that combines with a sperm to create a baby or young animal</p> <p>Sperm - a cell that is produced by the reproductive organs of a male and that can combine with a female egg to produce young</p> <p>Puberty - the period of a person's life during which their reproductive organs develop and they become capable of having children</p> <p>Pubic hair- the hair that grows on a person's body near their reproductive organs</p> <p>Menstruation - when a female menstruates, there is a flow of blood from their womb, usually once a month</p>

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